



Reading Therapies Group

Established 1986

Programme for 2018

| Date | Title | Speaker |
|-------------------------|--|---------------------|
| 9 January | What Can Mentalisation Based Therapy look and feel like in Practice? | Serena Willmott |
| 6 February | When things get difficult - surviving attacks in psychotherapy and counselling | Toby Ingham |
| Saturday 24 February | <u>Half Day Workshop</u> When psychotherapy is harmful | Phil Mollon |
| 13 March | Why don't Psychotherapists laugh? | Ann Shearer |
| 24 April | AGM | All members welcome |
| 8 May | Death | Annie Cygler |
| Saturday May | <u>Half Day Workshop</u> TBC | Jenny Riddell |
| 12 June | Female Violence. A Psychotherapeutic Perspective | Anna Motz |
| 9 October | Somatic countertransference in trauma work the therapist's body speaks of the client's unconscious | Morit Heitzler |
| 13 November | TBC | Cate Lyon |
| 11 December | TBC | Christine English |

£10 on the door for non-members.

RTG talks are approved for Royal College of Psychiatrists CPD: 1½ external units per session. Sessions may also be used as proof of ongoing CPD for the BACP and other regulatory bodies. Certificates and records of attendance are available at each meeting.

Reading Therapies Group, 2 Ribbleton Close, Earley, Berkshire RG6 7XW
<http://www.readingtherapiesgroup.org.uk/> 07999 524535



Reading Therapies Group

Welcome to our 2018 Programme

Dear Member,

We hope you will enjoy your membership and will find it useful both for your clinical practice and socially. We are very pleased that you have decided to join RTG, whether you have been with us in the past or are joining us for the first time. Our special thanks to all those who have decided to support us again, some of whom have been our longstanding members.

This year we, as always, have drawn inspiration from comments and suggestions from our members. We hope you will find the programme exciting and inspiring. We always try to represent a wide spectrum of topics and speakers, and hope we have achieved the same this year. This year we are also arranging two half-Saturday workshops instead of one full day, and hope you will appreciate this new arrangement

We met at the AGM on 25th April 2017 and were pleased that some of you were able to join us. We agreed that our membership fee will remain at the 2015 rates, covering 12 hours of CPD and making it great value. We continue to offer our early bird rate, £5 off, as a thank you for paying before the 31st December 2017.

New Membership Packs will be available for collection at the meetings on 10 Oct, 14 Nov and 12 Dec, or online. To qualify for the early bird rate your forms will need to be received by the **31st December 2017**. Please allow sufficient time when posting. You can, of course, hand in your Membership Forms with payment to any committee member at our meetings by 12th December 2017.

We hope the new programme will appeal to our diverse membership and visitors alike. We are delighted that you have chosen to join us and look forward to seeing you at many of our forthcoming events.

With all best wishes for the coming year,
Katrina Likhtman, MBACP Accredited, .BA, MA in Sociology and Cultural Studies
RTG Chair

Reading Therapies Group, 2 Ribbleton Close, Earley, Berkshire RG6 7XW
<http://www.readingtherapiesgroup.org.uk/> Tel: 07999 524535



Committee News

As you may know, Debbie Livingston, who has been a Chair of RTG for 6 years and a member of the committee for much longer, has stepped down. Her contribution to RTG has been invaluable and she will be greatly missed. We, however, are confident that she has left RTG in a good and secure shape.

Katrina Likhtman was voted the new Chair at the last AGM. We also welcome Peter Weston back onto the committee as IT consultant. He has done a fantastic job revamping our website following the end of BACP webhosting and is working hard on improving communications with you. You can see the other committee roles below.

We are also eternally grateful to our supporting staff: Eryka Bancroft who has taken care of refreshments and Ann Vodden who continues providing us with CPD certificates.

Current committee members have been with us for a while and we hope to continue this stable period. Our work is rewarding and provides evidence for CPD. We really value your contributions on how to make your membership more enjoyable and would love you to come on board! Please see extra **Committee Page** for further details.

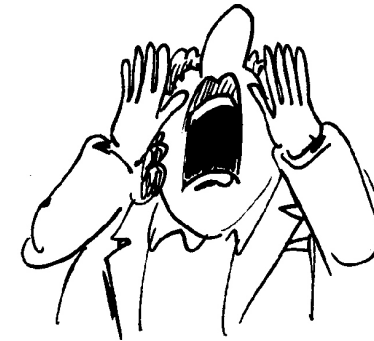
We currently have vacancies on the committee and need your support to keep the good work we do going. We welcome and encourage anyone interested in joining the committee, particularly any students who might want to join us. Please talk to one of the committee members if you would like to participate.

Contacting the committee:

| | | |
|------------|--------------------------|---------------------------|
| Chair: | Katrina Likhtman | k.likhtman@googlemail.com |
| Deputy: | Vacant | |
| Treasurer: | Anita Spark | aspark301@gmail.com |
| Secretary: | Kim Parish (Minutes) | k.parish@btconnect.com |
| | Jo Marsh (communication) | ajmarsh@btopenworld.com |
| IT | Peter Weston | peterjweston@gmail.com |
| Member | Joy Abel | joyangabel@gmail.com |
| Member | Carola Percival | carolapercival@gmail.com |

Reading Therapies Group, 2 Ribbleton Close, Earley, Berkshire RG6 7XW
<http://www.readingtherapiesgroup.org.uk/> Tel: 07999 524535

RTG Committee



We need you!

Come and join us! You will have a chance to participate in making decisions about the present and the future of RTG. You will get to know great speakers and organisations. We meet 2 - 3 times a year for 1½ -2 hours on Tuesday evenings at The Crown Plaza, Central Reading, 7.30-9.30pm. Certificates of CPD for our work are provided. Additional time spent on RTG related work is also appropriate for CPD. Please check with your regulatory body how that should be recorded.

We currently have spaces for new committee members. The role of **Deputy Chair** is vacant and waiting for **YOU!**

AGM is a time when members influence the year ahead. We would very much appreciate your involvement so please come and join us! CPD certificates are also provided.

Please come and talk to any committee member at one of our evenings if you are interested. Alternatively call 07999 524535 or email k.likhtman@gmail.com

RTG Membership Application Form
☐ Renewal / ☐ New Member for Jan-Dec 2018

Surname..... First Name.....

Address

.....
.....

..... Post Code.....

Contact number:

Email address:

By giving my email address I give permission for RTG emails to be sent to my email address regarding the annual programme, changes and updates to the programme and any relevant administrative notices from the committee. I understand that I can unsubscribe at any time by emailing ajmarsh@btopenworld.com

Membership Fees

Early Bird Membership (before 31st December 2017)

| | | |
|--------------------|--------|--------------------------|
| Full Membership | £45.00 | <input type="checkbox"/> |
| Student Membership | £30.00 | <input type="checkbox"/> |

2018 Membership Fees (from 1st January 2018)

| | | |
|--------------------|--------|--------------------------|
| Full Membership | £50.00 | <input type="checkbox"/> |
| Student Membership | £35.00 | <input type="checkbox"/> |

Modality

Please indicate the modality you are registered to practice:

☐Adlerian, ☐CBT, ☐CAT, ☐Brief, ☐Cognitive, ☐Eclectic, ☐Existential,
☐Family, ☐Gestalt, ☐Humanistic, ☐Integrative, ☐Jungian, ☐NLP,
☐Person Centred, ☐Psychoanalysis, ☐Psychodynamic, ☐Psychosynthesis,
☐Solution Focused, ☐Systemic, ☐TA, ☐Transpersonal, ☐Other:

Please make cheques payable to **READING THERAPIES GROUP**
Post your application form together with payment to

RTG, 2 Ribbleton Close, Earley, Berkshire RG6 7XW

I enclose a cheque for £_____

Signed

Date.....

Please complete the form and hand it to a member of the committee at one of the evening events .

Alternatively, return by post to:

Reading Therapies Group
2 Ribbleton Close
Earley
Berkshire
RG6 7XW

The Benefits of Annual Membership

Membership entitles you to free entrance to our 8 evening events (approximately 12 hours CPD) and reduced rates at workshops. Categories of membership apply whether attending an evening event or one of the workshops. By subscribing to our mailing list you will receive information about RTG activities and noticeboard information from organisations and individuals (members or not) on placements, supervision, room hire/share, research, groups, events, courses/workshops, employment opportunities and other networking notices. This information is also on our website.

At no time will your information be given to third parties.

You may unsubscribe at any time by contacting:

ajmarsh@btopenworld.com

Noticeboard

Advertise your placement, room hire / share, research, groups, events, courses, employment opportunities and notices on the RTG noticeboard. Your adverts will be circulated in our next e-flyers to RTG mailing list:

To place an advert or notice on the Noticeboard please send a maximum of 200 words per entry to: **ajmarsh@btopenworld.com**
No photographs or graphics please.

Alternatively you could email us a link to your website that displays relevant information.

Range and Scope of Speakers

We are enthusiastic about attracting new and interesting speakers to reflect the diverse backgrounds and experiences of our membership. The committee invites ideas on topics of interest or speakers that you would like to see included in any of our forthcoming programmes. Please contact us with your ideas.