



Issues in Working with People who have Suffered Developmental & Early Trauma

A Day with Graham Music

Date: Saturday 21st April 2018 from 10am to 4pm
Location: University of Reading, Berkshire
Cost: Early Bird Rate of £85 if booked before 28th February 2018, £95 thereafter. BCS Counsellors are entitled to a 50% reduction on these prices.

As Counsellors and Psychotherapists we are so often faced with the effects of early trauma in our clients. Trauma is a complex issue which presents in myriad ways and knowing and understanding how best to work with clients who have experienced childhood trauma can be challenging.

Drawing from his soon to be published chapter 'Trauma, new lessons using developmental and analytic approaches', **Graham Music (PhD)** presents an engaging day of presentations, experiential exercises and live supervision on 'Issues in working with people who have suffered developmental and early trauma'.

This day will focus on the challenges of working clinically with traumatised and abused clients, both adults and young people. Some of the effects of early trauma on the developing psyche, on emotional capacities and body-states will be examined.

Graham Music will draw upon recent neurobiological research, which emphasises how trauma gets held in the body, and how bodily understanding is essential for working with it. He will elaborate on aspects of this thinking and their implications for clinical practice. Using attachment theory and newer understandings of the autonomic nervous system, he will ask questions about what level of work we should be aiming for with many hard-to-reach clients.

Graham Music has been working with adults, adolescents and children for over 30 years. He is currently an adult psychotherapist in private practice and a Consultant Child and Adolescent Psychotherapist at the Tavistock and Portman Clinics where he has worked for over a decade. He was, until recently, Associate Clinical Director at the Tavistock, responsible for a range of clinical services.

He has a particular interest in linking cutting edge developmental findings with therapeutic practice, which will be demonstrated throughout the day.

He is a prolific writer on attachment and trauma and also teaches, lectures and supervises on a range of trainings both in Britain and abroad.

Booking

Please visit our website at www.basingstokecounselling.org.uk/cpd to download and complete a booking form. If you have any queries please contact us on info@basingstokecounselling.org.uk or 01256 843125.

Getting There

The workshop is being held in the Meadow Suite, Park House on the University of Reading's Whiteknights campus; please use the Pepper Lane entrance.

Detailed information about how to get to the University can be found at: www.reading.ac.uk/findus

By Car:

The Whiteknights campus is approximately 1.5 miles from the M4. The sat nav postcode for the Pepper Lane entrance is RG6 6UR. Parking is plentiful and unrestricted on the campus at weekends and no permits are required.

By Train:

The Whiteknights campus is approximately 2 miles from Reading train station. This is a mainline train station and is easily accessible from most other places in the UK. There are direct rail links from many major cities, including Birmingham, Manchester, Glasgow, Cardiff, Bristol, and Exeter, as well as a number of routes through London. Local buses, which go directly to the venue, run regularly from outside Reading train station. There are also a number of taxi ranks.